

# NATIONAL BENEFIT FUNDS

PROGRAMS AND INITIATIVES CONCERNING YOUR NATIONAL PENSIONS AND HEALTH & WELFARE PLANS

## National Roofers Health and Welfare Plan Enhances PPO Network Program

### CIGNA HealthCare – the Fund’s New PPO Network of Choice

**W**e’re pleased to announce that effective January 1, 2011, **Fund participants will be able to access the CIGNA PPO Network for all provider services.** As one of America’s major health care carriers, CIGNA offers a seamless, national network of more than 1 million provider locations throughout all fifty states—giving members coverage at home as well as when traveling. This includes hospitals, physicians and a broad variety of specialty providers such as hospices, Centers of Excellence (such as organ transplant facilities) and home health care providers.

The National Roofers Union and Employers Health & Welfare Fund Trustees want to keep participants and their families healthy, happy and productive. By partnering with CIGNA, we’re able to continue providing you with “first class” medical care when you’re not feeling well, need emergency care or are due for a regular check-up. Our focus is on preventive care and managing your day-to-day health to keep you out of the doctor’s office as much as possible. With that in mind, we will now be able to offer Fund participants the following additional CIGNA services (in addition to access to their broad national network of providers):

- Lifestyle Management Programs – Need help kicking the smoking habit, losing weight and/or reducing stress? This program offers coaching and tools to help you in your efforts – which is always much easier than going at it alone.

- Out of Network Savings – While you’re always encouraged to seek in-network care to maximize savings, there will be times when that may not be possible. When that does happen, CIGNA has the ability to achieve discounts even with non-network providers.
- CIGNA Behavioral Health – As a pioneer in the area of behavioral health, this program will be offering best-in-class mental health and substance abuse care.
- Disease Management – CIGNA partners with CareAllies to provide disease management services to individuals with long-term conditions for diabetes, hypertension, COPD and asthma.

We are pleased to offer our members this new step up in benefits.

For those of you participating in the National Roofers Health and Welfare Plan, please watch your mail for additional forthcoming information regarding this change, such as:

- ▶ A new ID card with the CIGNA logo (please destroy your old card and replace it with the new card when received)
- ▶ Contact information
- ▶ Provider network information
- ▶ Disease management services